

Gottschalk MCAL Soccer Report

2020 MCAL Pre-Season Coaches Poll

<u>Team</u>	<u>Pts (1st Place Votes)</u>	<u>2019 Record</u>	<u>Head Coach</u>
1. Tamalpais	77 (7)	10-2-4	Shane Kennedy
2. Redwood	70 (2)	12-0-4	Lucas Marroquin
3. Branson	68	11-1-4	Tyler Gottschalk
4. Drake	48	7-4-5	Jeff Mahaney
5. Marin Catholic	47	6-6-4	Andrew Shuter
6. Terra Linda	34	6-7-3	Adam Dietz
7. San Marin	24	1-13-2	Sarah Sargent
8. San Rafael	21	1-11-4	Nichole Caiocca
9. Novato	16	1-11-4	Tricia Johnson

Tamalpais, led by five all-league returners, are this season's favorites to win the regular season, claiming seven of the nine first place votes. Squad depth, and a handful of potential Player of the Year candidates in Jordan Cushner, Grace Gustafson, Kirsten Whetstone, and Thalia Greenberg will make the Red-Tailed Hawks incredibly difficult to contain this season.

Redwood, fresh off a regular season title, earned the other two first place votes. Reigning Player of the Year, Grace Bouton, and Maya Rembrandt, provide Redwood with two of the most dangerous attacking players in the league. At the other end, two first-teamers, Sophia Curtaz and Mia Hamant, will look to keep opposing teams off the scoresheet.

The Bulls are picked to finish third this season, and will hope to once again be incredibly stingy defensively, and look to Eliana Prosnitz and Abby Dillon to be the creative engine going forward.

The Pirates will look to get back to the playoffs once again this year and have a core of exciting young players which includes Maya Wells and Ellie Casey.

Marin Catholic will once again push for a spot in the post-season, led by all-league CB Rachel Dougherty, and paced by the dynamic duo of Taylor Martin and Zoe Shepherd up top.

Terra Linda will look for senior captain Jenna Evans to set the tone for the Trojans this year.

San Marin have some new blood and will look to make some noise this season.

Jackie Lancaster will lead the **Bulldogs** this year as they look to climb up the table in 2020.

Novato round out the poll, and will have to replace a lot of firepower that graduated last season.

Scorebook Live

The NCS has not renewed their contract with MaxPreps, so all scores must now be entered into Scorebook Live's software. Coaches, if you have not heard of this yet you should reach out to your ADs because NCS will only pull data from Scorebook Live when it comes to post-season acceptance. As of now the software seems very bare bones, and does not include any stat keeping, so MaxPreps is still the better system for tracking player performance, and the MaxPreps App is still the best way to keep tabs on other teams around the state...

VARSITY TABLE

Team	GP	W	L	T	GF	GA	GD	PTS	Overall
Branson									(1-0-0)
Drake									(1-0-0)
Marin Catholic									
Novato									(1-1-0)
Redwood									(1-0-0)
San Marin									(0-0-1)
San Rafael									(0-1-0)
Tamalpais									
Terra Linda									

Matchday 1 - Dec 4

Branson v Redwood
 Drake v Terra Linda
 Novato v San Marin
 Tamalpais v San Rafael
 Marin Catholic - Bye

Matchday 4 - Dec 14

Terra Linda v San Marin
 Tamalpais v Branson
 Marin Catholic v Novato
 Drake v Redwood
 San Rafael - Bye

Matchday 7 - Jan 6

Drake v Tamalpais
 Marin Catholic v Terra Linda
 San Marin v Branson
 San Rafael v Redwood
 Novato - Bye

Matchday 10 - Jan 14

Terra Linda v Drake
 San Rafael v Tamalpais
 San Marin v Novato
 Redwood v Branson
 Marin Catholic - Bye

Matchday 13 - Jan 25

Branson v Tamalpais
 Novato v Marin Catholic
 Redwood v Drake
 San Marin v Terra Linda
 San Rafael - Bye

Matchday 16 - Feb 1

Terra Linda v Marin Catholic
 Tamalpais v Drake
 Redwood v San Rafael
 Branson v San Marin
 Novato - Bye

Matchday 2 - Dec 7

Tamalpais v San Marin
 San Rafael v Marin Catholic
 Novato v Redwood
 Branson v Terra Linda
 Drake - Bye

Matchday 5 - Dec 21

Branson v Marin Catholic
 San Marin v Drake
 San Rafael v Novato
 Tamalpais v Terra Linda
 Redwood - Bye

Matchday 8 - Jan 8

Terra Linda v Novato
 San Marin v San Rafael
 Redwood v Marin Catholic
 Drake v Branson
 Tamalpais - Bye

Matchday 11 - Jan 18

Marin Catholic v San Rafael
 Redwood v Novato
 San Marin v Tamalpais
 Terra Linda v Branson
 Drake - Bye

Matchday 14 - Jan 28

Terra Linda v Tamalpais
 Novato v San Rafael
 Marin Catholic v Branson
 Drake v San Marin
 Redwood - Bye

Matchday 17 - Feb 5

Branson v Drake
 Marin Catholic v Redwood
 Novato v Terra Linda
 San Rafael v San Marin
 Tamalpais - Bye

Matchday 3 - Dec 10

Drake v Novato
 Redwood v Tamalpais
 San Marin v Marin Catholic
 Terra Linda v San Rafael
 Branson - Bye

Matchday 6 - Jan 4

Terra Linda v Redwood
 Novato v Tamalpais
 Marin Catholic v Drake
 Branson v San Rafael
 San Marin - Bye

Matchday 9 - Jan 11

Marin Catholic v Tamalpais
 Novato v Branson
 Redwood v San Marin
 San Rafael v Drake
 Terra Linda - Bye

Matchday 12 - Jan 22

Tamalpais v Redwood
 San Rafael v Terra Linda
 Novato v Drake
 Marin Catholic v San Marin
 Branson - Bye

Matchday 15 - Jan 30

Drake v Marin Catholic
 Redwood v Terra Linda
 San Rafael v Branson
 Tamalpais v Novato
 San Marin - Bye

Matchday 18 - Feb 7

Tamalpais v Marin Catholic
 San Marin v Redwood
 Drake v San Rafael
 Branson v Novato
 Terra Linda - Bye

League Leaders

(Top 15)

	Goals	#

	Assists	#

	Points	#

	Game Winning Goals	#

	Game Winning Assists	#

	Shutouts	#

	GAA	#

	Team GPG	#

	Team GAA	#

	Hat-Tricks	#

	PK Saves	#

	Free-Kick Goals	#

JUNIOR VARSTIY TABLE

Team	GP	W	L	T	GF	GA	GD	Pts
Branson								
Drake								
Marin Catholic								
Novato								
Redwood								
San Marin								
San Rafael								
Tamalpais								
Terra Linda								

Matchday 1 - Dec 4

Redwood v Branson
Terra Linda v Drake
San Marin v Novato
San Rafael v Tamalpais
Marin Catholic - Bye

Matchday 4 - Dec 14

San Marin v Terra Linda
Branson v Tamalpais
Novato v Marin Catholic
Redwood v Drake
San Rafael - Bye

Matchday 7 - Jan 6

Tamalpais v Drake
Terra Linda v Marin Catholic
Branson v San Marin
Redwood v San Rafael
Novato - Bye

Matchday 10 - Jan 14

Drake v Terra Linda
Tamalpais v San Rafael
Novato v San Marin
Branson v Redwood
Marin Catholic - Bye

Matchday 13 - Jan 25

Tamalpais v Branson
Marin Catholic v Novato
Drake v Redwood
Terra Linda v San Marin
San Rafael - Bye

Matchday 16 - Feb 1

Marin Catholic v Terra Linda
Drake v Tamalpais
San Rafael v Redwood
San Marin v Branson
Novato - Bye

Matchday 2 - Dec 7

San Marin v Tamalpais
Marin Catholic v San Rafael
Redwood v Novato
Terra Linda v Branson
Drake - Bye

Matchday 5 - Dec 21

Marin Catholic v Branson
Drake v San Marin
Novato v San Rafael
Terra Linda v Tamalpais
Redwood - Bye

Matchday 8 - Jan 8

Novato v Terra Linda
San Rafael v San Marin
Marin Catholic v Redwood
Branson v Drake
Tamalpais - Bye

Matchday 11 - Jan 18

San Rafael v Marin Catholic
Novato v Redwood
Tamalpais v San Marin
Branson v Terra Linda
Drake - Bye

Matchday 14 - Jan 28

Tamalpais v Terra Linda
San Rafael v Novato
Branson v Marin Catholic
San Marin v Drake
Redwood - Bye

Matchday 17 - Feb 5

Drake v Branson
Redwood v Marin Catholic
Terra Linda v Novato
San Marin v San Rafael
Tamalpais - Bye

Matchday 3 - Dec 10

Novato v Drake
Tamalpais v Redwood
Marin Catholic v San Marin
San Rafael v Terra Linda
Branson - Bye

Matchday 6 - Jan 4

Redwood v Terra Linda
Tamalpais v Novato
Drake v Marin Catholic
San Rafael v Branson
San Marin - Bye

Matchday 9 - Jan 11

Tamalpais v Marin Catholic
Branson v Novato
San Marin v Redwood
Drake v San Rafael
Terra Linda - Bye

Matchday 12 - Jan 22

Redwood v Tamalpais
Terra Linda v San Rafael
Drake v Novato
San Marin v Marin Catholic
Branson - Bye

Matchday 15 - Jan 30

Marin Catholic v Drake
Terra Linda v Redwood
Branson v San Rafael
Novato v Tamalpais
San Marin - Bye

Matchday 18 - Feb 7

Marin Catholic v Tamalpais
Redwood v San Marin
San Rafael v Drake
Novato v Branson
Terra Linda - Bye

MCAL COMBINED TABLE

Team	GP	W	L	T	Pts
Branson					
Drake					
Marin Catholic					
Novato					
Redwood					
San Marin					
San Rafael					
Tamalpais					
Terra Linda					

A LOOK AHEAD AT THE NCS

(Will begin after week two of MCAL play)

MCAL

Overall Record

Notes

NCS Magic Number*

Others

Overall Record

Notes

NCS Magic Number*

*2 pts for a win, 1 for a draw. Team needs to be .500 overall, in league, or in classification to be eligible.

Varsity Non-Conference Tracker

Branson (1-0-0) 5-0 at Encinal 12/11 - at Petaluma 12/17 - at Rancho Cotate	Drake (1-0-0) 3-1 at Encinal 12/7 - at Albany 1/18 - v Acalanes	Marin Catholic 1/14 - v University
Novato (1-1-0) 3-1 v Pinole Valley 0-2 at Sonoma Valley 12/12 - at University 12/19 - v Ukiah 12/27 - v De Anza	Redwood (1-0-0) 2-1 at Marin Academy 12/20 - at SRV Classic Event 12/21 - at SRV Classic Event 12/21 - at SRV Classic Event	San Marin (0-0-1) 0-0 Moreau Cath.
San Rafael (0-1-0) 0-1 at De Anza 12/12 - v Piner 12/14 - v Rancho Cotate 1/25 - v Tennyson	Tamalpais 12/20 - v Montgomery 1/13 - v Alameda	Terra Linda
	MCAL v Others vs BCL West vs DFAL vs DVAL vs MVAL vs TCAL	

Other Contenders

<u>Cardinal Newman - D4</u> 12/4 at Santa Rosa 12/6 v Marin Academy 12/10 v Analy 12/13 v Madera 12/14 v TBD 12/17 at Maria Carrillo 1/8 at Sonoma Aca. 1/10 v Montgomery 1/17at Windsor 1/21 v Ukiah 1/23 at Analy 1/28 v Maria Carrillo 1/30 v Sonoma Aca. 2/4 at Montgomery 2/11 v Windsor 2/13 at Ukiah 2/15 at Arch. Mitty	<u>Marin Academy - D4 (0-1-0)</u> 1-2 v Redwood 12/6 at Cardinal Newman 12/10 at Sacred Heart Cath. 12/20 - University Tourney 12/21 - University Tourney 12/21 - University Tourney 1/7 v San Domenico 1/9 v Urban 1/11 at Monte Vista 1/14 at Convent Sacred H. 1/18 at University 1/20 at Ygnacio Valley 1/22 v Lick-Wilmerding 1/24 at Drew 1/25 v Sonoma Academy 1/27 v Bay School 1/28 v Head-Royce 1/31 at Urban 2/4 v University 2/7 v Lick-Wilmerding	<u>Piedmont - D4 (0-1-0)</u> 0-2 v Miramonte 12/3 at Acalanes 12/5 v Head-Royce 12/10 at Heritage 12/12 v Moreau Catholic 12/19 v Alameda 1/8 v TBD 1/10 TBD 1/14 at Bishop O'Dowd 1/16 v Arroyo 1/22 v Berkeley 1/24 v Castro Valley 1/28 v Hayward 1/30 at Oakland Tech 2/5 at Mt Eden 2/7 v Bishop O'Dowd 2/11 at Castro Valley 2/14 v Berkeley	<u>Acalanes - D3</u> 12/3 v Piedmont 12/5 v Pittsburg 12/6 at Hayward 12/10 v College Park 12/12 at Miramonte 12/14 at Alameda 12/20 at Encinal 1/6 v El Cerrito 1/8 at Mt. Diablo 1/10 v Campolindo 1/13 v Miramonte 1/15 at Benicia 1/18 v Drake 1/22 at Ygnacio Valley 1/24 v Alhambra 1/29 at Berean Christian 1/31 v Northgate 2/5 at Concord 2/7 v Las Lomas 2/10 at Campolindo 2/12 v Clayton Vall. Ch.	<u>Alhambra - D3 (1-0-0)</u> 9-0 v Vallejo 12/4 v Fremont 12/5 at Rancho Cot. 12/10 at Benicia 12/11 v Encinal 12/12 v Berean Chr. 1/8 v Pinole Valley 1/10 v Ygnacio Valley 1/15 at College Park 1/17 v Miramonte 1/22 v Clayton Vall. Ch. 1/24 at Acalanes 1/27 v Albany 1/31 v Campolindo 2/5 at Las Lomas 2/7 at Northgate 2/12 at Mt. Diablo
<u>Analy - D3 (1-1-1)</u> 0-1 v Santa Rosa 5-0 v Richmond 0-0 v Amer. Canyon 12/7 at Sonoma Vall. 12/10 at Cardinal New. 12/14 v Casa Grande 12/17 v Sonoma Aca. 12/19 at El Molino 1/8 at Montgomery 1/15 v Maria Carrillo 1/17 at Ukiah 1/23 v Cardinal New. 1/27 v Windsor 1/28 at Sonoma Aca. 1/30 v Montgomery 2/6 at Maria Carrillo 2/11 v Ukiah 2/13 at Windsor	<u>Miramonte - D3 (1-0-0)</u> 2-0 v Piedmont 12/3 v Bishop O'Dowd 12/5 at Las Lomas 12/7 at Santa Rosa 12/10 at Mt. Diablo 12/12 v Acalanes 12/17 v Deer Valley 12/18 v Fremont 12/19 v TBD 1/8 at Clayton Valley Charter 1/10 v Las Lomas 1/13 at Acalanes 1/15 at Berean Christian 1/17 at Alhambra 1/22 v Campolindo 1/24 at Concord 1/29 at Petaluma 1/31 v Ygnacio Valley 2/5 at Northgate 2/7 v Benicia 2/12 v College Park	<u>Petaluma - D3</u> 12/6 at Northgate 12/9 at Santa Rosa 12/11 v Branson 12/13 at El Molino 12/16 v Piner 1/4 at Sonoma Academy 1/8 v Sonoma Valley 1/10 v Vintage 1/15 at Casa Grande 1/17 at American Canyon 1/22 v Napa 1/24 at Justin-Siena 1/29 v Miramonte 1/31 at Sonoma Valley 2/3 at Vintage 2/5 v Casa Grande 2/7 v American Canyon 2/12 at Napa 2/14 v Justin-Siena	<u>D3 - Saint Mary's</u> 12/3 v Vallejo 12/10 at Pinole Valley 12/12 v Richmond 12/17 at De Anza 12/19 at El Cerrito 1/9 at Vallejo 1/16 v Pinole Valley 1/21 v Richmond 1/23 v De Anza 1/28 v El Cerrito	<u>Campolindo - D2 (1-0-0)</u> 10-0 v Fremont 11/19 at Hayward 12/4 at Granada 12/10 at Las Lomas 12/12 v Northgate 12/14 v James Logan 12/19 v Heritage 1/8 v College Park 1/10 at Acalanes 1/13 at El Cerrito 1/15 at Concord 1/17 v Ygnacio Valley 1/18 v Pittsburg 1/22 at Miramonte 1/24 v Benicia 1/29 v Clayton Vall. Ch. 1/31 at Alhambra 2/7 at Mt. Diablo 2/10 v Acalanes 2/12 v Berean Chr.
<u>Casa Grande - D2</u> 12/3 at Miramonte 12/7 at Windsor 12/9 at Rancho Cotate 12/12 v Santa Rosa 12/14 at Analy 1/3 v Vintage 1/6 v Maria Carrillo 1/8 v Napa 1/10 v American Canyon 1/15 v Petaluma 1/22 at Justin-Siena 1/24 at Sonoma 1/29 at Vintage 1/31 at Napa 2/1 at American Canyon 2/5 at Petaluma 2/12 v Justin-Siena 2/14 v Sonoma	<u>Las Lomas - D2</u> 12/4 v Miramonte 12/10 v Campolindo 12/11 v Fremont 12/12 at Clayton Vall. Ch. 1/8 v Northgate 1/10 at Miramonte 1/11 v Deer Valley 1/15 v Mt. Diablo 1/17 at Concord 1/22 at Berean Christian 1/24 v Ygnacio Valley 1/29 v College Park 2/5 v Alhambra 2/7 at Acalanes 2/12 at Benicia	<u>Maria Carrillo - D2 (1-0-0)</u> 3-1 at Santa Rosa 12/10 at Montgomery 12/13 - Madera Tourney 12/14 - Madera Tourney 12/14 - Madera Tourney 12/17 v Cardinal Newman 12/20 - SRV Tourney 12/21 - SRV Tourney 12/21 - SRV Tourney 1/6 at Casa Grande 1/8 v Windsor 1/10 at Ukiah 1/15 at Analy 1/18 v Skyline 1/21 at Sonoma Academy 1/23 v Montgomery 1/25 at Bishop O'Dowd 1/28 at Cardinal Newman 1/30 at Windsor 2/4 v Ukiah 2/6 v Analy 2/13 v Sonoma Academy	<u>Montgomery - D2 (1-0-0)</u> 7-1 at Vintage 12/6 v Flintridge SH 12/7 v Peninsula 12/7 v Viewpoint 12/10 v Maria Carrillo 12/13 v Davis 12/20 at Tamalpais 1/4 at Northgate 1/8 v Analy 1/10 at Cardinal New. 1/15 v Windsor 1/17 v Sonoma Aca. 1/23 at Maria Carrillo 1/28 v Ukiah 1/30 at Analy 2/4 v Cardinal Newman 2/6 at Windsor 2/11 at Sonoma Aca.	<u>Northgate - D2</u> 12/4 v Windsor 12/6 v Petaluma 12/10 v Clayton VC 12/12 at Campolindo 12/20 v Livermore 1/4 v Montgomery 1/8 at Las Lomas 1/15 at Ygnacio Valley 1/17 v Berean Chr. 1/22 v Mt. Diablo 1/24 at College Park 1/29 v Benicia 1/31 at Acalanes 2/5 v Miramonte 2/7 v Alhambra 2/12 at Concord

MCAL All-Time Leaders

(Stats Accumulated From Regular Season Games Only Starting in 2010)

	Goals	#
1	Hannah Halford (Red)	50
2	Bella Amyx (Tam)	45
3	Stephanie Martini (MC)	41
4	Lauren Foehr (Red)	39
5	Sydney Spina (N)	36
5	Sydney Westley (B)	36
7	Francesca Camahort (B)	35
8	Sydney Carbone (SR)	33
9	Maddie Pero (Red)	29
10	Olivia Konttinen (Red)	28
11	Emlen Janetos (Tam)	27
12	Grace Bouton (Red)	26
12	Callie Jones (B)	25
14	Sadie Cudd (D)	24
14	Callie Clifford (Tam)	23
16	Sara Young (MC)	22
17	Darcy McFarlane (B)	21
17	Nicole Roberts (SM)	21
19	A. Harrison (D), A. Tye (MC)	20
	Kayla Albert (N), Kendal Clare (D)	

	Assists	#
1	Callie Jones (B)	34
2	Lauren Foehr (Red)	33
3	Hannah Halford (Red)	31
4	Callie Clifford (Tam)	25
5	Kira Cross (Tam)	24
5	Maddie Pero (Red)	24
7	Claire Renk (MC)	23
7	Hannah Monroe (Tam)	23
9	Francesca Camahort (B)	22
10	Alexa Harrison (D)	20
10	Sydney Westley (B)	20
12	Abby Dillon (B)	19
12	Bella Amyx (Tam)	19
12	Eliana Prosnitz (B)	19
12	Maegen Dillon (B)	19
16	Grace Bouton (Red)	18
17	Chace Schornstein (Red)	17
18	Alexis Tye (TL/MC)	16
18	Reed Weingard (SR)	16
18	Stephanie Martini (MC)	16

	Points	#
1	Hannah Halford (Red)	133
2	Lauren Foehr (Red)	111
3	Bella Amyx (Tam)	109
4	Stephanie Martini (MC)	98
5	Francesca Camahort (B)	92
5	Sydney Westley (B)	92
7	Callie Jones (B)	84
8	Maddie Pero (Red)	78
9	Sydney Spina (N)	76
10	Sydney Carbone (SR)	72
11	Callie Clifford (Tam)	71
12	Grace Bouton (Red)	70
13	Olivia Konttinen (Red)	65
14	Emlen Janetos (Tam)	63
15	Chace Schornstein (Red)	61
16	Alexa Harrison (D)	60
17	Sara Young (MC)	59
18	Sadie Cudd (D)	58
19	Alexis Tye (TL/MC)	56
20	Eliana Prosnitz (B)	53

	Game-Winning Goals	#
1	Bella Amyx (Tam)	15
2	Hannah Halford (Red)	13
3	Lauren Foehr (Red)	12
4	Francesca Camahort (B)	11
4	Stephanie Martini (MC)	11
4	Sydney Spina (N)	11
7	Callie Jones (B)	9
8	Olivia Konttinen (Red)	8
8	Reilly Johnson (Tam)	8

	Shutouts	#
1	Maddie Cincebeaux (MC)	32.00
2	Liz Archer (Tam)	29.00
3	Athena Manthouli (B)	24.00
4	Ellie Flad (Tam)	22.75
5	Camille Bayer (MC)	19.25
6	Erika Turnquist (Red)	19.00
6	Jayha Burke (D)	19.00
8	Sam Ferguson (Red)	18.00
9	Ryan Finnane (D)	17.75
10	Mia Glenn-Shuster (Red)	15.00
10	Rachel Mehr (SM)	15.00

	Hat-Tricks	#
1	Lauren Foehr (Red)	7
2	Hannah Halford (Red)	5
3	Bella Amyx (Tam)	4
4	Sydney Carbone (SR)	3
5	Francesca Camahort (B)	3
5	Emlen Janetos (Tam)	3
7	Sydney Westley (B)	3
8	Nicole Long (B)	3

SINGLE SEASON RECORDS

*This player's/team's mark was set after the change to the 16-game season

Goals Scored	22	Lauren Foehr (Red '16)
Assists	13	Alexa Harrison (D '16), Callie Clifford (Tam '16), Hannah Halford (Red '18), Callie Jones (B '18)
Points	56	Lauren Foehr (Red '16)
Game-Winning Goals	6	O. Konttinen (R '13), Chace Schornstein (R '14), Bella Amyx (T '15), H. Halford (R '18), Reilly Johnson (T '18)
Goals Against Average	0.00	Maddie Cincebeaux (MC '12)
Shutouts	13	Athena Manthouli (B '18), Sydney Wishner (B, '19*)
Wins	13	Marin Catholic '13, Branson '18, Redwood '19*
Points	40	Branson '18, Redwood '19*
Goals Per Game	4.14	Branson '18, Redwood '18
Goals Against Average	0.07	Marin Catholic '12, Branson '18, Tamalpais '18