

Gottschalk MCAL Soccer Report

Week One Preview

Game of the Week: Marin Catholic v Redwood. The two new MCAL coaches will be going toe to toe on opening day, both looking to start their seasons/careers with a win. MC welcomes back two of the most dangerous attackers in the league in Taylor Martin and Zoe Shepherd, each of whom will be looking to move up the all-time MCAL charts this season. Redwood, fresh off their MCAL Playoff Championship, will look to get back to winning ways with seniors Maya Rembrandt and Shannon Watridge leading the attack, and All-MCAL First Team GK Mia Hamant between the sticks.

Terra Linda v Tamalpais: The Trojans will welcome defending MCAL Regular Season Champions Tamalpais on opening day. TL will look to Carmen Zacarias and Kaya Lash to lead their respective lines, with the biggest question mark being who will take over in goal after the departure of Sarah Costan. Tamalpais welcomes back five All-MCAL players, led by seniors Jordan Cushner, Kirsten Whetstone, and Ellie Ryerson. Tam will also be reinforced by the arrival of Yuna McCormack, a US Youth National Team attacking midfielder that will look to make an immediate impact.

Drake v San Marin: While there may be plenty of questions about what to call them, there is no questioning that the squad from Fairfax has the talent to give any team in the league trouble. Seniors Sophia Caligari, Emmi Bishop, Elisa Shott, and Josephine Kelly will be leaned on to lead the group, but the depth of the squad may be the team's greatest strength this year. San Marin continued to improve last season, and a crop of quality freshman look poised to burst onto the scene and make an impact right from the get go. Mia Netzt and Sydney Fong will be relied upon to lead the Mustang attack.

Branson v San Rafael: In a rematch of last season's NCS quarter-final, the Bulls and Dawgs will square off on day one this season. The Bulls will look to seniors Avery Hansen, Noella Namba, and Caitlin Evers to lead their respective lines this campaign, aided by the return of five other starters from last season's NorCal Championship squad and a group of exciting freshmen. San Rafael will once again rely on the defensive presence of Aspen Morris, and the ever dangerous tandem of Lauren Summers and Maxine St. Sure up top.

Novato - Bye: The Hornets will be a youthful side looking to gain valuable experience for the games and seasons ahead. All of Novato's All-MCAL players from the past three seasons have moved on, so new players, like seniors Sami Campopiano and Laura Hatch, will be relied on to step into leadership roles and set the tone for the Hornets out on the pitch.

MCAL League Records have been added to bottom of the report.

Varsity Table

Team	GP	W	L	T	GF	GA	GD	PTS	Overall
Branson									
Drake									
Marin Catholic									
Novato									
Redwood									
San Marin									
San Rafael									
Tamalpais									
Terra Linda									

Matchday 1 - Apr 23

Branson v San Rafael
 Drake v San Marin
 Marin Catholic v Redwood
 Terra Linda v Tamalpais
 Novato - Bye

Matchday 4 - May 5

Branson v Terra Linda
 Drake v Tamalpais
 Marin Catholic v San Rafael
 Novato v San Marin
 Redwood - Bye

Matchday 7 - May 26

Branson v Redwood
 Drake v Novato
 Tamalpais v San Rafael
 Terra Linda v San Marin
 Marin Catholic - Bye

Matchday 2 - Apr 28

San Marin v Redwood
 San Rafael v Novato
 Tamalpais v Marin Catholic
 Terra Linda v Drake
 Branson - Bye

Matchday 5 - May 12

Branson v Marin Catholic
 San Rafael v San Marin
 Tamalpais v Redwood
 Terra Linda v Novato
 Drake - Bye

Matchday 8 - June 2

Novato v Marin Catholic
 Redwood v Drake
 San Marin v Branson
 San Rafael v Terra Linda
 Tamalpais - Bye

Matchday 3 - Apr 30

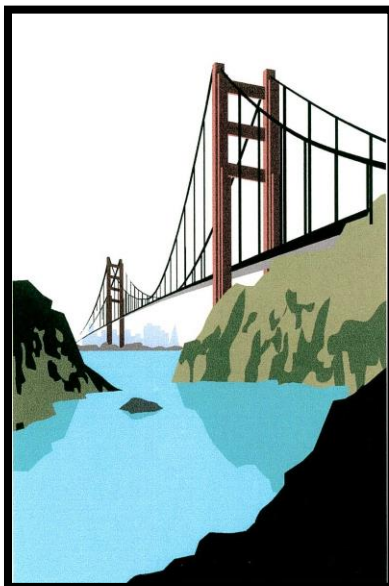
Redwood v Novato
 San Marin v Marin Catholic
 San Rafael v Drake
 Tamalpais v Branson
 Terra Linda - Bye

Matchday 6 - May 19

Drake v Branson
 Marin Catholic v Terra Linda
 Novato v Tamalpais
 Redwood v San Rafael
 San Marin - Bye

Matchday 9 - June 4

Marin Catholic v Drake
 Novato v Branson
 Redwood v Terra Linda
 San Marin v Tamalpais
 San Rafael - Bye



League Leaders

(Top 15)

	Goals	#

	Assists	#

	Points	#

	Game Winning Goals	#

	Game Winning Assists	#

	Shutouts	#

	GAA	#

	Team GPG	#

	Team GAA	#

	Hat-Tricks	#

	PK Saves	#

	Free-Kick Goals	#

JUNIOR VARSTIY TABLE

Team	GP	W	L	T	GF	GA	GD	Pts
Branson								
Drake								
Marin Catholic								
Novato								
Redwood								
San Marin								
San Rafael								
Tamalpais								
Terra Linda								

Matchday 1 - Apr 23

Branson v San Rafael
 Drake v San Marin
 Marin Catholic v Redwood
 Terra Linda v Tamalpais
 Novato - Bye

Matchday 2 - Apr 28

San Marin v Redwood
 San Rafael v Novato
 Tamalpais v Marin Catholic
 Terra Linda v Drake
 Branson - Bye

Matchday 3 - Apr 30

Redwood v Novato
 San Marin v Marin Catholic
 San Rafael v Drake
 Tamalpais v Branson
 Terra Linda - Bye

Matchday 4 - May 5

Branson v Terra Linda
 Drake v Tamalpais
 Marin Catholic v San Rafael
 Novato v San Marin
 Redwood - Bye

Matchday 5 - May 12

Branson v Marin Catholic
 San Rafael v San Marin
 Tamalpais v Redwood
 Terra Linda v Novato
 Drake - Bye

Matchday 6 - May 19

Drake v Branson
 Marin Catholic v Terra Linda
 Novato v Tamalpais
 Redwood v San Rafael
 San Marin - Bye

Matchday 7 - May 26

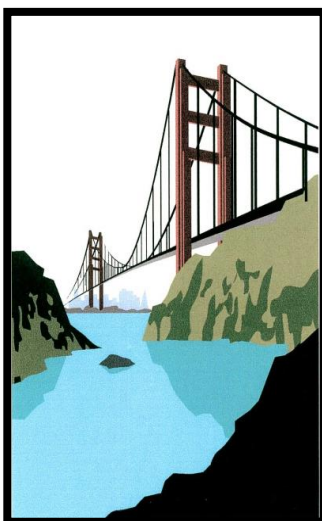
Branson v Redwood
 Drake v Novato
 Tamalpais v San Rafael
 Terra Linda v San Marin
 Marin Catholic - Bye

Matchday 8 - June 2

Novato v Marin Catholic
 Redwood v Drake
 San Marin v Branson
 San Rafael v Terra Linda
 Tamalpais - Bye

Matchday 9 - June 4

Marin Catholic v Drake
 Novato v Branson
 Redwood v Terra Linda
 San Marin v Tamalpais
 San Rafael - Bye



MCAL COMBINED TABLE

Team	GP	W	L	T	Pts
Branson					
Drake					
Marin Catholic					
Novato					
Redwood					
San Marin					
San Rafael					
Tamalpais					
Terra Linda					

A LOOK AHEAD AT THE NCS

(Will begin after week two of MCAL play)

MCAL

Overall Record

Notes

NCS Magic Number*

NO NCS PLAYOFFS THIS YEAR

Others

Overall Record

Notes

NCS Magic Number*

*2 pts for a win, 1 for a draw. Team needs to be .500 overall, in league, or in classification to be eligible.

Varsity Non-Conference Tracker

Branson 4/21 - at Terra Linda 4/27 - at Rancho Cotate 5/7 - at Marin Catholic	Drake 4/21 - at Rancho Cotate 5/13 - at Analy 5/24 - v University 5/27 - at Tamalpais	Marin Catholic 5/7 - v Branson
Novato 4/21 - v San Marin	Redwood 5/7 - v Casa Grande 5/17 - v Tamalpais	San Marin 4/21 - at Novato
San Rafael	Tamalpais 5/17 - at Redwood 5/27 - v Drake	Terra Linda 4/21 - v Branson
	MCAL v Others vs BCL West vs DFAL vs DVAL vs MVAL vs TCAL	

Other Contenders

<u>University</u>	<u>Head-Royce</u>	<u>Marin Academy</u>	<u>Lick-Wilmerding</u>	<u>Urban</u>
<u>D3 - Piedmont</u>	<u>D3 - Moreau Catholic</u>	<u>D3 - Ygnacio Valley</u>	<u>D3 - St. Mary's</u>	<u>D2 - Miramonte</u>
<u>D2 - Bishop O'Dowd</u>	<u>D2 - Campolindo</u>	<u>D2 - Alhambra</u>	<u>D2 - Las Lomas</u>	<u>D2 - Acalanes</u>

MCAL All-Time Leaders

(Stats Accumulated From Regular Season Games Only Starting in 2010)

	Goals	#
1	Hannah Halford (Red)	50
2	Bella Amyx (Tam)	45
3	Grace Bouton (Red)	43
4	Stephanie Martini (MC)	41
5	Lauren Foehr (Red)	39
6	Sydney Spina (N)	36
6	Sydney Westley (B)	36
8	Francesca Camahort (B)	35
9	Sydney Carbone (SR)	33
9	Taylor Martin (MC)	33
11	Abby Dillon (B)	29
11	Maddie Pero (Red)	29
13	Olivia Konttinen (Red)	28
14	Emlen Janetos (Tam)	27
15	Callie Jones (B)	25
15	Shannon Watridge (Red)	25
17	Sadie Cudd (D)	24
18	Callie Clifford (Tam)	23
18	Eliana Prosnitz (B)	23
20	Chace Schornstein (Red)	22
20	Sara Young (MC)	22
22	Thalia Greenberg (Tam)	21

	Game-Winning Goals	#
1	Bella Amyx (Tam)	15
2	Hannah Halford (Red)	13
3	Lauren Foehr (Red)	12
4	Francesca Camahort (B)	11
4	Stephanie Martini (MC)	11
4	Sydney Spina (N)	11
7	Callie Jones (B)	9
8	Grace Bouton (Red)	8
8	Olivia Konttinen (Red)	8
8	Reilly Johnson (Tam)	8
8	Taylor Martin (MC)	8

	Assists	#
1	Eliana Prosnitz (B)	39
2	Callie Jones (B)	34
3	Lauren Foehr (Red)	33
4	Hannah Halford (Red)	31
5	Grace Bouton (Red)	27
6	Callie Clifford (Tam)	25
7	Kira Cross (Tam)	24
7	Maddie Pero (Red)	24
9	Abby Dillon (B)	23
9	Claire Renk (MC)	23
9	Hannah Monroe (Tam)	23
12	Francesca Camahort (B)	22
12	T. Greenberg (Tam)	22
14	Alexa Harrison (D)	20
14	Sydney Westley (B)	20
16	Bella Amyx (Tam)	19
16	Maegen Dillon (B)	19
16	Maya Rembrandt (Red)	19
19	Z. Shepherd (MC)	18
20	Chace Schornstein (Red)	17
21	Alexis Tye (TL/MC)	16
21	Shannon Watridge (Red)	16

	Shutouts	#
1	Ellie Flad (Tam)	33.75
2	Maddie Cincebeaux (MC)	32.00
3	Liz Archer (Tam)	29.00
4	Athena Manthouli (B)	24.00
4	Sydney Wishner (B)	24.00
6	Camille Bayer (MC)	19.25
7	Erika Turnquist (Red)	19.00
7	Jayha Burke (D)	19.00
9	Sam Ferguson (Red)	18.00
10	Ryan Finnane (D)	17.75

	Points	#
1	Hannah Halford (Red)	131
2	Grace Bouton (Red)	113
3	Lauren Foehr (Red)	111
4	Bella Amyx (Tam)	109
5	Stephanie Martini (MC)	98
6	Francesca Camahort (B)	92
6	Sydney Westley (B)	92
8	Eliana Prosnitz (B)	85
9	Callie Jones (B)	84
10	Abby Dillon (B)	81
11	Maddie Pero (Red)	78
12	Sydney Spina (N)	76
13	Sydney Carbone (SR)	72
14	Callie Clifford (Tam)	71
15	Taylor Martin (MC)	68
16	Shannon Watridge (Red)	66
17	Olivia Konttinen (Red)	65
18	Thalia Greenberg (Tam)	64
19	Emlen Janetos (Tam)	63
20	Chace Schornstein (Red)	61
21	Alexa Harrison (D)	60
22	Sara Young (MC)	59

	Hat-Tricks	#
1	Lauren Foehr (Red)	7
2	Hannah Halford (Red)	5
2	Taylor Martin (MC)	5
4	Bella Amyx (Tam)	4
5	Abby Dillon (B)	3
5	Emlen Janetos (Tam)	3
5	Francesca Camahort (B)	3
5	Nicole Long (B)	3
5	Sydney Carbone (SR)	3
5	Sydney Westley (B)	3

SINGLE SEASON RECORDS

Goals Scored	22	Lauren Foehr (Red '16)
Assists	20	Eliana Prosnitz (B, '20)
Points	56	Lauren Foehr (Red '16)
Game-Winning Goals	6	O. Konttinen (R '13), Chace Schornstein (R '14), Bella Amyx (T '15), H. Halford (R '18), Reilly Johnson (T '18)
Game-Winning Assists	6	Eliana Prosnitz (B, '20)
Goals Against Average	0.00	Maddie Cincebeaux (MC '12)
Shutouts	13	Athena Manthouli (B '18), Sydney Wishner (B, '19)
Wins	14	Tamalpais '20
Points	44	Tamalpais '20
Goals Per Game	4.14	Branson '18, Redwood '18
Goals Against Average	0.07	Marin Catholic '12, Branson '18, Tamalpais '18