

Gottschalk MCAL Soccer Report

GOTTSCHALK REPORT ALL-DECADE 2ND TEAMS

Having released the All-Decade Honorable Mention team, it is now time to look at those that have played their way onto the All-Decade Second Team. Once again we provide below another look at the decade leaders in the major statistical categories, then below that is the All-Decade Second Team. First Team, and Player of the Decade to follow in the final issue...

Players for the All-Decade teams were selected with the following criteria in mind:

- 1 - Impact the player made for the school (stats, years played, contribution to team success)
- 2 - Impact the player made in the league (statistical rankings)
- 3 - Team success (finals appearances, titles won)
- 4 - All-MCAL recognition
- 5 - Intangibles (character, leadership, work-rate, commitment, fighting spirit...)

Decade Leaders

(Stats Accumulated From Regular Season Games Only)

	Goals	#
1	Hannah Halford (Red)	50
2	Bella Amyx (Tam)	45
3	Stephanie Martini (MC)	41
4	Lauren Foehr (Red)	39
5	Sydney Spina (N)	36
5	Sydney Westley (B)	36
7	Francesca Camahort (B)	35
8	Sydney Carbone (SR)	33
9	Maddie Pero (Red)	29
10	Olivia Konttinen (Red)	28
11	Emlen Janetos (Tam)	27
12	Grace Bouton (Red)	26
12	Callie Jones (B)	25
14	Sadie Cudd (D)	24
14	Callie Clifford (Tam)	23
16	Sara Young (MC)	22
17	Darcy McFarlane (B)	21
17	Nicole Roberts (SM)	21
19	A. Harrison (D), A. Tye (MC)	20
	Kayla Albert (N), Kendal Clare (D)	

	Assists	#
1	Callie Jones (B)	34
2	Lauren Foehr (Red)	33
3	Hannah Halford (Red)	31
4	Callie Clifford (Tam)	25
5	Kira Cross (Tam)	24
5	Maddie Pero (Red)	24
7	Claire Renk (MC)	23
7	Hannah Monroe (Tam)	23
9	Francesca Camahort (B)	22
10	Alexa Harrison (D)	20
10	Sydney Westley (B)	20
12	Bella Amyx (Tam)	19
12	Eliana Prosnitz (B)	19
12	Maegen Dillon (B)	19
15	Grace Bouton (Red)	18
16	Chace Schornstein (Red)	17
17	Abby Dillon (B)	16
17	Alexis Tye (TL/MC)	16
17	Reed Weingard (SR)	16
17	Stephanie Martini (MC)	16

	Points	#
1	Hannah Halford (Red)	133
2	Lauren Foehr (Red)	111
3	Bella Amyx (Tam)	109
4	Stephanie Martini (MC)	98
5	Francesca Camahort (B)	92
5	Sydney Westley (B)	92
7	Callie Jones (B)	84
8	Maddie Pero (Red)	78
9	Sydney Spina (N)	76
10	Sydney Carbone (SR)	72
11	Callie Clifford (Tam)	71
12	Grace Bouton (Red)	70
13	Olivia Konttinen (Red)	65
14	Emlen Janetos (Tam)	63
15	Chace Schornstein (Red)	61
16	Alexa Harrison (D)	60
17	Sara Young (MC)	59
18	Sadie Cudd (D)	58
19	Alexis Tye (TL/MC)	56
20	Eliana Prosnitz (B)	53

	Game-Winning Goals	#
1	Bella Amyx (Tam)	15
2	Hannah Halford (Red)	13
3	Lauren Foehr (Red)	12
4	Francesca Camahort (B)	11
4	Stephanie Martini (MC)	11
4	Sydney Spina (N)	11
7	Callie Jones (B)	9
8	Olivia Konttinen (Red)	8
8	Reilly Johnson (Tam)	8

	Shutouts	#
1	Maddie Cincebeaux (MC)	32.00
2	Liz Archer (Tam)	29.00
3	Athena Manthouli (B)	24.00
4	Ellie Flad (Tam)	22.75
5	Camille Bayer (MC)	19.25
6	Erika Turnquist (Red)	19.00
6	Jayha Burke (D)	19.00
8	Sam Ferguson (Red)	18.00
9	Ryan Finnane (D)	17.75
10	Mia Glenn-Shuster (Red)	15.00
10	Rachel Mehr (SM)	15.00

	Hat-Tricks	#
1	Lauren Foehr (Red)	7
2	Hannah Halford (Red)	5
3	Bella Amyx (Tam)	4
4	Sydney Carbone (SR)	3
4	Francesca Camahort (B)	3
4	Emlen Janetos (Tam)	3
4	Sydney Westley (B)	3
4	Nicole Long (B)	3

GOTTSCHALK REPORT - TEAMS OF THE DECADE

Second Team

GOALKEEPER - MADDIE CINCBEAUX - Marin Catholic - 2011-14

2011	MCAL 2nd Team, 3rd in Shutouts - 7, 3rd in GAA - 0.64, NCS Champion
2012	MCAL Honorable Mention, 1st in Shutouts - 9, 1st in GAA - 0.00 MCAL Regular Season and Playoff Champion, NCS Finalist
2013	3rd in Shutouts - 8, 1st in GAA - 0.42, MCAL Regular Season and NCS Champion MCAL Playoff Finalist
2014	MCAL 1st Team, 1st in Shutouts - 8, 2nd in GAA - .500 MCAL Playoff and NCS Finalist

Maddie finished her career with more shutouts than any other player in the decade with 32, despite missing some time due to injury in a couple of her seasons. A gifted shot-stopper, Maddie's positioning, size, and range made her a GK near impossible to beat, and sometimes actually impossible to beat. In her sophomore season Maddie posted a GAA average of 0.00. No GK played in more big games, with four NCS Finals and three MCAL Finals to her name. She finished her career with five titles, and even made her presence felt at the other end of the field, scoring a dramatic stoppage time equalizer, heading home a corner to make it 1-1 at Drake. She without a doubt had two huge hands in MC's dominance in the early part of the decade.

CENTER BACK - KRISTI CASCIO - Marin Catholic - 2010-12

2010	
2011	MCAL 1st Team (led all defenders in votes), NCS Champion
2012	MCAL 1st Team (led all defenders in votes) MCAL Regular Season and Playoff Champion, NCS Finalist

Kristi Cascio was the leader of a Wildcat backline that lost only two league games in the 42 they played between 2010-2012. In that stretch Kristi lifted the NCS title in 2011, and then capped off her career with a season that saw the Wildcats go 11-0-3 in league, allowing just one goal, then post three more shutouts in the playoffs on route to lifting the MCAL Playoff title, and making a second straight appearance in the NCS Final. Cascio was a phenomenal athlete with the fearlessness and tenacity to take charge of any situation. Her consistent high level of play, and her leadership in the Wildcat backline made her one of the most respected backs in her time, seeing her receive the most votes for backs in both the 2011 and the 2012 All-MCAL voting. Kristi also had big play capabilities at the other end, scoring a goal in the NCS semi her senior year, and famously scoring late from the midfield line at Benicia to earn the Cats a road draw.

CENTER BACK - LAUREN LAMPL - Tamalpais - 2012-15

2012	
2013	MCAL 2nd Team
2014	MCAL 2nd Team, MCAL Regular Season & Playoff Champion, NCS Champion
2015	MCAL 1st Team, MCAL Regular Season & Playoff Champion, NCS Champion

Lauren Lampl was the leader of a Tamalpais backline that posted 32 shutouts in her four years, leading the league in that category in both her sophomore and junior seasons. A two-time All-MCAL 2nd Teamer, and a 1st Teamer as a senior, Lauren's consistency, athleticism, and willingness to put her body on the line were all crucial elements to Tam's back to back Treble winning seasons in her last two years. Lauren now attends UC Santa Barbara and plays for the Women's Club team which has won two Club National Championships in her time.

CENTER BACK - ALLIE WESTLEY - Branson - 2016-19

2016	MCAL 2nd Team, MCAL Regular Season & Playoff Champion, NCS Champion
2017	MCAL 2nd Team, MCAL Regular Season & Playoff Champion, NCS Champion
2018	MCAL 2nd Team, MCAL Regular Season & NCS Champion MCAL Playoff & NorCal DII State Finalist
2019	MCAL 1st Team, MCAL Playoff Champion

Allie Westley was key piece of Branson's defensive unit over her four-year career. After playing her first year at the six, she moved to CB for her final three seasons. In her time at Branson, the Bulls posted 49 shutouts in 58 games, and six more in eight MCAL playoff games. Allie's no-nonsense approach made it incredibly difficult for opponents to ever pounce on any mistakes. Allie was one of the few players in the decade willing to go to ground to lay a hard tackle, in addition to being brave in the air, and a very good organizer. Her leadership in the back was essential to Branson's four years of title dominance, winning three straight MCAL Regular Season Titles and NCS Titles, as well as three MCAL Playoff titles, while also appearing in a fourth MCAL Final, and the NorCal DII State Final. Her consistent high level of play saw her earn All-MCAL recognition in all four seasons, three times on the 2nd team, and 1st team as a senior.

CENTER MID - HANNAH MONROE - Tamalpais - 2012-15

2012	
2013	MCAL 2nd Team, 2nd in Assists - 10
2014	MCAL 2nd Team, 4th in Assists - 7, 12th in Points - 11 MCAL Regular Season & Playoff Champion, NCS Champion
2015	MCAL 1st Team, 3rd in Goals - 10, 3rd in Assists - 6, 3rd in Points - 26 MCAL Regular Season & Playoff Champion, NCS Champion

Many coaches likely still have nightmares of Hannah buzzing all over the pitch. Her work rate was second to none, and when combined with her athleticism and competitiveness it formed a lethal combination. Between her sophomore and senior season, Hannah finished in the top four for assists in each season, which has her sitting 7th overall for the decade. Her senior campaign was one of the best for a midfielder in the decade, finishing third in goals, assists, and points. There is no doubt that her attacking prowess played a big part of Tam's back to back Treble winning seasons, but without the ball Hannah was just as valuable. Her ball winning and ability to close spaces so quickly in the midfield made it incredibly hard for opponents to ever get into any rhythm on the ball. The moment she won it she was getting forward at speed, immediately putting the opponent on the back foot. As one of the best two-way midfielders, and blessed with a cannon for a right foot, Hannah certainly deserves her place amongst the best of the decade.

ATTACKING MID - ELIANA PROSNITZ - Branson - 2017-19

2017	MCAL Regular Season & Playoff Champion, NCS Champion
2018	MCAL 1st Team, 5th in Goals 10, 3rd in Assists - 9, 3rd in Points 29 MCAL Regular Season & NCS Champion, MCAL Playoff and NorCal DII Finalist
2019	MCAL 1st Team, 4th in Goals - 6, 2nd in Assists - 9, 3rd in Points - 21 MCAL Playoff Champion

You won't find many players smoother on the ball than Eliana. Her ability to eliminate in the midfield, get between the lines, commit the last player, and deliver the final pass are top class. If successful dribbles was a stat that was kept, she would likely be at the top of the charts in just her three seasons this decade. She was named to the All-MCAL 1st Team two times, finishing third in the league in points in each of her last two seasons. Eliana has twice finished in the top five for goals, and twice in the top three for assists. Her three-year hauls in assists and points have her sitting 12th and 20th respectively. Eliana came in off the bench and changed the game in her first NCS finals appearance, and was the creative engine behind Branson's double in her sophomore campaign, notching four assists in one playoff game, and finishing the playoff stretch with two goals and seven assists. Her balance, vision, ability to disguise passes, and willingness to work on both sides of the ball made her one of the best all-around midfielders of the decade.

ATTACKING MID - SYDNEY CARBONE - San Rafael - 2012-15

2012	11th in Goals - 4
2013	MCAL 1st Team, 4th in Goals - 12, 4th in Points - 27
2014	MCAL 1st Team, 3rd in Goals - 10, 4th in Points - 20
2015	MCAL 2nd Team, 7th in Goals - 7, 7th in Points - 17

Sydney's Bulldogs may have never made a trip to the playoffs, but no player meant more to their team's success over a four-year period. Sydney finished 11th, 4th, 3rd, and 7th in goals over her four years, and in the top seven for points in each of her last three seasons. For an attacking mid, those numbers are impressive. What's more impressive is just how much her goals meant to her team. Over her four years at San Rafael, Sydney accounted for 33 of the team's 72 goals, or 45.8%. Her four-year total of 33 goals sits her in eighth place for the decade, but nobody above her in the table can match her percentage. Nicole Roberts played three years in the decade and did have a higher percentage, but if you added her freshman year her share drops to 44.8%, leaving Sydney once again as the top contributor to her team over an entire career. Despite being the obvious player you had to shutdown, Sydney's incredible pace, ability to eliminate on the dribble, and her tireless work rate, especially to get in the box and on the end of service, were incredibly difficult to stop. Despite never getting to display her talents in the playoffs, her exploits saw her earn a 2nd Team, and two 1st Team awards over her four-year career.

ATTACKING MID - CALLIE CLIFFORD - Tamalpais - 2014-17

2014	MCAL 1st Team, 1st in Assists - 8, 5th in Points - 18 MCAL Regular Season & Playoff Champion, NCS Champion
2015	MCAL 2nd Team, 13th in Assists - 3 MCAL Regular Season & Playoff Champion, NCS Champion
2016	MCAL 1st Team, 1st in Assists - 13, 9th in Points - 23
2017	MCAL 1st Team, 5th in Goals - 9, 7th in Points - 19

Callie Clifford is one of just two players being honored that earned All-MCAL 1st Team honors as a freshman, the other being Claire Renk. In Callie's first season she led the league in assists, a feat she would repeat two years later. In that first season, Callie's ability to create goals were the added element Tam needed to get back to the top. In Callie's first two years Tam won every title available to them, thanks in on small part to the attacking acumen of Callie. Her ability to get on the ball between the lines, then run at and turn defenders inside out were a joy to watch, and a real pain to try to have to prevent. Quick, strong, and with one of the best killer instincts of the decade, Callie was a constant threat over her four-year career, finishing 15th in goals with 23, 4th in assists with 25, and 11th in points with 71. With three All-MCAL 1st Team selections, it is clear that Callie was respected just as much as she was feared.

LEFT-WING - NICOLE ROBERTS - San Marin - 2010-12

2010	MCAL 1st Team, 1st in Goals - 9, 5th in Assists - 4, 1st in Points - 22, 1st in GWG - 5
2011	MCAL 2nd Team, 8th in Goals - 5, 8th in Assists 3, 9th in Points - 13
2012	MCAL 1st Team, 6th in Goals - 7, 6th in Assists- 4, 5th in Points - 18

Nicole Roberts was a special athlete, blessed with size, strength, and pace. She was also two-footed, which made trying to contain her incredibly difficult for even the best defenders in the league. In her sophomore campaign she single-handedly carried San Marin to their first of two straight MCAL Playoff and NCS appearances, their only two of the decade. In that season, Nikki led the league in goals, points, and game-winning goals. She finished in the top nine in each of her three seasons during the decade, the top eight for assists in each, and the top nine for points. All told, Nikki scored half (21) of the 42 goals the Mustangs scored over that three-year period. She also scored San Marin's only MCAL Playoff goal this decade, putting the Mustangs 1-0 up at Tam in 2010 before eventually losing out in pks. Between her sophomore and junior year, the years of San Marin's two MCAL and NCS playoff appearances, Nikki contributed 34 goals, ten assists, and 11 game-winners overall. Her play-making abilities, regardless of the amount of attention she received from opposing defenses, were essential to San Marin's best period of the decade. Nikki twice earned MCAL 1st Team honors, garnering more votes than any other striker on both occasions.

TARGET STRIKER - FRANCESCA CAMAHORT - Branson - 2014-17

2014	15th in Goals - 3, 15th in Points - 9
2015	MCAL 1st Team, 7th in Goals - 7, 2nd in Assists - 7, 4th in Points - 21 NCS Finalist
2016	MCAL 1st Team, 3rd in Goals - 14, 4th in Assists - 9, 2nd in Points 37 MCAL Regular Season & Playoff Champion, NCS Champion
2017	MCAL Player of the Year, 2nd in Goals - 11, 4th in Points - 25, 1st GWG - 4 MCAL Regular Season & Playoff Champion, NCS Champion

Francesca was a driving force behind Branson's rise to the top in the second half of the decade. Her size, technical ability, determination, and intelligence with the ball made her a matchup nightmare for opponents. Francesca was a constant producer throughout her four-year varsity career, and that consistency saw her finish in the top seven for goals three times, and the top four for points three times. For her career, Francesca sits 7th in goals, 9th in assists, and 5th in points. Her junior year was possibly her most dominant, helping lead Branson to a first ever MCAL Regular Season title, then bringing home both the MCAL Playoff and NCS title. In that season Francesca contributed 19 goals and 24 assists across all competitions. Those 24 assists led all of NCS. Francesca delivered on the biggest stage time and time again, scoring the only goal in a 1-0 win vs Marin Catholic to set the stage for Branson's first regular season title, setting up Nye Day's goal in the 2016 MCAL Final with an incredible reverse pass, and the overtime winner vs Marin Academy in the NCS semi-final her senior year to name a few. There were a lot of good strikers across the decade, but there were none that played the same physically dominating yet technically refined style that Francesca brought.

RIGHT WING - HANNAH HALFORD - Redwood - 2015-18

2015	10th in Goals - 6, 14th in Points - 14
2016	MCAL 2nd Team, 4th in Goals - 13, 4th in Assists - 9, 3rd in Points - 35
2017	MCAL 1st Team, 1st in Goals - 15, 4th in Assists - 9, 1st in Points - 39
2018	MCAL 1st Team, 1st in Goals - 16, 1st in Assists - 13, 1st in Points - 45

Hannah Halford was a points machine. After finishing tenth in goals as a freshman, she scored at least 13 goals in each of her next three seasons, leading the league in goals in each of her last two. Hannah finished in the top four for assists three times, which combined with her goals saw her finish 3rd, 1st, and 1st in points over her last three seasons. Hannah was a menace out on the wing. Her pace and ability to beat you inside or out on the dribble made her extremely difficult to defend 1v1. Her hunger to score was always evident, and her ability to translate that hunger into actual goals was impressive. Over the course of four years no other player this decade scored as many goals (50) or notched as many points (131) as Hannah. She also finished the decade third in assists on 31. Hannah's exploits see her as the co-owner of a couple single-season records: game-winning goals (6), and assists (13).