

Gottschalk MCAL Soccer Report

GOTTSCHALK REPORT ALL-DECADE 1ST TEAM & POD

With the 2019 season having now come to a close, the Gottschalk report is releasing it's picks for the All-Decade 1st Team, and it's selection for the Player of the Decade. As always there can be debate about who should have been where, but what is certain, is that the names you see were dominant forces at their position, and without a doubt left their mark on the MCAL...

Players for the All-Decade teams were selected with the following criteria in mind:

- 1 - Impact the player made for the school (stats, years played, contribution to team success)
- 2 - Impact the player made in the league (statistical rankings)
- 3 - Team success (finals appearances, titles won)
- 4 - All-MCAL recognition
- 5 - Intangibles (character, leadership, work-rate, commitment, fighting spirit...)

Decade Leaders

(Stats Accumulated From Regular Season Games Only)

	Goals	#
1	Hannah Halford (Red)	50
2	Bella Amyx (Tam)	45
3	Stephanie Martini (MC)	41
4	Lauren Foehr (Red)	39
5	Sydney Spina (N)	36
5	Sydney Westley (B)	36
7	Francesca Camahort (B)	35
8	Sydney Carbone (SR)	33
9	Maddie Pero (Red)	29
10	Olivia Konttinen (Red)	28
11	Emlen Janetos (Tam)	27
12	Grace Bouton (Red)	26
12	Callie Jones (B)	25
14	Sadie Cudd (D)	24
14	Callie Clifford (Tam)	23
16	Sara Young (MC)	22
17	Darcy McFarlane (B)	21
17	Nicole Roberts (SM)	21
19	A. Harrison (D), A. Tye (MC)	20
	Kayla Albert (N), Kendal Clare (D)	

	Assists	#
1	Callie Jones (B)	34
2	Lauren Foehr (Red)	33
3	Hannah Halford (Red)	31
4	Callie Clifford (Tam)	25
5	Kira Cross (Tam)	24
5	Maddie Pero (Red)	24
7	Claire Renk (MC)	23
7	Hannah Monroe (Tam)	23
9	Francesca Camahort (B)	22
10	Alexa Harrison (D)	20
10	Sydney Westley (B)	20
12	Bella Amyx (Tam)	19
12	Eliana Prosnitz (B)	19
12	Maegen Dillon (B)	19
15	Grace Bouton (Red)	18
16	Chace Schornstein (Red)	17
17	Abby Dillon (B)	16
17	Alexis Tye (TL/MC)	16
17	Reed Weingard (SR)	16
17	Stephanie Martini (MC)	16

	Points	#
1	Hannah Halford (Red)	133
2	Lauren Foehr (Red)	111
3	Bella Amyx (Tam)	109
4	Stephanie Martini (MC)	98
5	Francesca Camahort (B)	92
5	Sydney Westley (B)	92
7	Callie Jones (B)	84
8	Maddie Pero (Red)	78
9	Sydney Spina (N)	76
10	Sydney Carbone (SR)	72
11	Callie Clifford (Tam)	71
12	Grace Bouton (Red)	70
13	Olivia Konttinen (Red)	65
14	Emlen Janetos (Tam)	63
15	Chace Schornstein (Red)	61
16	Alexa Harrison (D)	60
17	Sara Young (MC)	59
18	Sadie Cudd (D)	58
19	Alexis Tye (TL/MC)	56
20	Eliana Prosnitz (B)	53

	Game-Winning Goals	#
1	Bella Amyx (Tam)	15
2	Hannah Halford (Red)	13
3	Lauren Foehr (Red)	12
4	Francesca Camahort (B)	11
4	Stephanie Martini (MC)	11
4	Sydney Spina (N)	11
7	Callie Jones (B)	9
8	Olivia Konttinen (Red)	8
8	Reilly Johnson (Tam)	8

	Shutouts	#
1	Maddie Cincebeaux (MC)	32.00
2	Liz Archer (Tam)	29.00
3	Athena Manthouli (B)	24.00
4	Ellie Flad (Tam)	22.75
5	Camille Bayer (MC)	19.25
6	Erika Turnquist (Red)	19.00
6	Jayha Burke (D)	19.00
8	Sam Ferguson (Red)	18.00
9	Ryan Finnane (D)	17.75
10	Mia Glenn-Shuster (Red)	15.00
10	Rachel Mehr (SM)	15.00

	Hat-Tricks	#
1	Lauren Foehr (Red)	7
2	Hannah Halford (Red)	5
3	Bella Amyx (Tam)	4
4	Sydney Carbone (SR)	3
4	Francesca Camahort (B)	3
4	Emlen Janetos (Tam)	3
4	Sydney Westley (B)	3
4	Nicole Long (B)	3

GOTTSCHALK REPORT - TEAMS OF THE DECADE

First Team

GOAL KEEPER - MARISA BERGIN - Justin-Siena - 2011-14

2011	MCAL Honorable Mention
2012	
2013	MCAL 2nd Team, 8th in Shutouts - 2, 6th in GAA - 1.14
2014	MCAL 2nd Team, 5th in Shutouts - 5, 8th in GAA - 1.48

Despite playing for the team that was the worst statistically in the decade, Marisa's undeniable talent between the posts lifted her team to it's only play-off appearance of the decade. Her shot-stopping abilities were top-class, and her distribution made her valuable on both sides of the ball. In Marisa's junior and senior campaigns, the Braves gave up just 15 and 22 goals respectively, for an average of 18.5 per year. If you remove those two seasons, the Braves gave up an average of over 51 per year. If any team can speak to Marisa's capabilities it is one of the best of the decade, Tamalpais. Marisa played against Tam five times over her four seasons, posting a 1-2-2 record, allowing just three goals in the five games. Her heroics against Tam were the difference the year they made their lone playoff berth, earning a 1-1 draw and a 1-0 win over the Red-Tailed Hawks. The next year, she once again was a thorn in Tam's treble-winning side, earning a 0-0 shutout with a litany of big saves to keep Tam off the scoresheet. Despite never earning a First Team nod, and no titles to her name, Marisa was without a doubt the best all around GK in the 2010s.

LEFT BACK - CLAIRE RENK - Marin Catholic - 2011-14

2011	MCAL 1st Team, 5th in Assists - 4, NCS Champion
2012	MCAL 1st Team, 5th in Assists - 4, 1st in Assists - 9 MCAL Regular Season & Playoff Champion, NCS Finalist
2013	MCAL 1st Team, 2nd in Assists - 10, 7th in Points - 18 MCAL Regular Season & NCS Champion, MCAL Playoff Finalist
2014	MCAL Playoff & NCS Finalist

Surely only an injury prevented Claire from being the only four-time First-Teamer of the decade. Her marauding runs down the left flank, long throw-ins, and dead-ball prowess made her the most lethal attacking outside back of the decade. Without the ball she was one of the most menacing tacklers around, causing opponents to second guess whether or not they wanted to take a run at her. In her first three seasons she was a mainstay of a backline that conceded just 15 goals in 42 games, including the 2012 season where MC conceded just a solitary goal. At the other end of the field Claire was a constant threat. She finished in the top five for assists all three years, including leading the league as a sophomore. Despite missing almost her entire senior season, her 23 assists still rank her 7th in the decade. Possibly the most feared and respected back of the last ten years, Claire was also a winner, claiming five titles in her career as a Wildcat, while also competing in four other finals.

CENTER BACK - CAMPBELL DAY - Branson - 2013-16

2013	
2014	MCAL 1st Team
2015	MCAL 1st Team, NCS Finalist
2016	MCAL Player of the Year, MCAL Regular Season & Playoff Champion NCS Champion

Campbell Day was a four-year starter for the Bulls, and her ability to consistently play at a very high level earned her the utmost respect around the league, culminating in a senior season where she led the Bulls to the Treble, and became the only back of the decade to be named the MCAL Player of the Year. Campbell led a back-line that only conceded three goals, but it was her only goal of the season that cemented her place as the 2016 Player of the Year. With Branson searching for their first ever MCAL Regular Season title, the Bulls entered stoppage time at Novato with the score at 0-0, a score that would see Tam crowned the Regular Season Champion for the third year running. In the second minute of stoppage time a ball was swung into Sydney Westley, who controlled the ball and played it back into the path of Campbell. Despite a plethora of bodies between her and the goal, Campbell smashed home what was her only goal of the season, but what a time for it. Sadly, due to an injury sustained in the second half of the NCS Final, Campbell was not able to do what every captain dreams of doing, lifting the NCS trophy, but it was her commitment, passion, selflessness, and respect for the game that inspired the Bulls to finish the job in her absence. Campbell has since been a part of a Williams squad that won a NCAA DIII National Championship in 2017.

RIGHT BACK - KIRA CROSS - Tamalpais - 2015-18

2015	MCAL 2nd Team, 3rd in Assists - 6 MCAL Regular Season & Playoff Champion, NCS Champion
2016	MCAL 1st Team, 6th in Assists - 7
2017	MCAL 1st Team, 2nd in Assists - 11, 10th in Points - 17
2018	MCAL Playoff Champion

Like her counterpart on the left, injury robbed Kira of most of her senior campaign, but she left little to the imagination what it would have been like based on her first three seasons. Often times it takes players time to adjust to the speed and physicality of playing with girls up to three years older, but Kira took no time at all to put her stamp on the MCAL. With a devastating right foot, and an engine to get up and down the pitch all game long, Kira was a two-way threat that had to be game-planned for. Her service from the right side was second to none in her time, which saw her finish third, sixth, and second in assists during her first three years. Her three-year haul of 24 assists as a right back is astounding, and even more impressive when you consider it ranks her 6th overall this decade. Kira's competitive fire was another key component that made her the top right back of the decade, and it was that competitiveness that fueled her ability to recover from her injury in time for one more title run in the MCAL Playoffs her senior season. By the end of her career Kira had lifted a Regular Season title, two MCAL Playoff titles, and an NCS title.

DEFENSIVE MID - CHACE SCHORNSTEIN - Redwood - 2011-14	
2011	MCAL 2nd Team, NCS Finalist
2012	MCAL 1st Team, 5th in Assists - 5
2013	MCAL 1st Team, 10th in Goals - 5, 8th in Assists - 5, 10th in Points - 15 MCAL Playoff Champion
2014	MCAL Player of the Year, 1st in Goals - 17, 3rd in Assists - 7, 1st in Points - 41 1st in GWG - 6, 1st in Hat-tricks - 2
From the first day Chace donned the Redwood jersey, until the last day, she made her presence felt. As the ball-winning midfield general for the Giants, Chace put her stamp on every game she took part in. Her composure on the ball, aerial prowess, instinctive positioning, and her tactical awareness set her apart from the other defensive midfielders of the decade. Chace finished in the top eight for assists in each of her first two seasons, and added five goals in her junior year, a terrific output for a deep-lying midfielder. In her senior season, Chace switched gears, playing as a target striker that campaign to devastating effect. Chace finished the year as the leading scorer with 17 goals, was third in assists with seven, and also topped the league in points, game-winning goals, and hat-tricks. Her exploits that season earned her MCAL Player of the Year honors, illustrated her versatility, and cemented her place in the team of the decade.	

CENTER MID - DARCY MCFARLANE - Branson - 2010-13	
2010	NCS Finalist
2011	MCAL 1st Team, 8th in Goals - 5, 12th in Points - 12
2012	MCAL 1st Team, 2nd in Goals - 9, 10th in Assists - 3, 2nd in Points - 21 NCS Champion
2013	MCAL Player of the Year, 6th in Goals - 7, 5th in Assists - 7, 6th in Points - 21
It is likely that no other player in the history of the MCAL spilled more blood for the cause over her career than Darcy, and it was that give everything you have mentality that inspired those around her to play at a higher level. Darcy appeared in two NCS Finals in her career, leading her Bulls to perhaps the most improbable title of the decade, scoring the only goal in the final against an Marin Catholic squad that was a win away from an undefeated treble-winning season. Without the ball Darcy was one of the best ball-winning midfielders the league has seen, more than willing to put her body on the line to lay a hard tackle or win any and every ball in the air. Darcy made significant contributions in the attack as well, finishing in the top eight for goals three times, top ten in assists twice, and the top twelve in points three times. To illustrate just how valuable she was to the Branson squad, in her senior campaign she was selected as Branson's player of the game in 12/14 regular season contests, so it's no wonder why she was subsequently selected as the 2013 MCAL Player of the Year.	

CENTER MID - LAUREN FOEHR - Redwood - 2014-17

2014	MCAL Honorable Mention, 9th in Assists - 3, 15th in Points - 9
2015	MCAL 1st Team, 15th in Goals - 5, 3rd in Assists - 6, 10th in Points - 16
2016	MCAL 1st Team, 1st in Goals - 22, 3rd in Assists - 12, 1st in Points - 56 1st in GWG - 5, 1st in Hat-tricks - 5
2017	MCAL 1st Team, 5th in Goals - 9, 1st in Assists - 12, 2nd in Points - 30

Lauren Foehr's junior campaign was one of the best the MCAL has ever seen, notching decade highs in goals (22) and points (56). That season she also finished atop the charts with five game-winning goals and five hat-tricks, while also finishing third in assists with 12. Her four-year haul of 33 assists are the 2nd most of any player this decade. Smooth on the ball, her vision and the technical ability to deliver the final pass, combined with her constant forward runs to put herself in scoring positions, made Lauren an imposing threat that had to be planned for by opponents. Despite all the attention, Lauren still put up incredible numbers. She finished her career with 111 points, second best of the decade, and one of only three players to top the 100 point mark. What she did on the field was admired, but how she carried herself and went about her business earned her the most respect from coaches around the league.

ATTACKING MID - SYDNEY WESTLEY - Branson - 2014-17

2014	MCAL 2nd Team, 7th in Goals - 5, 8th in Assists - 4, 9th in Points - 14
2015	MCAL 2nd Team, 10th in Goals - 6, 7th in Assists - 5, 7th in Points - 17 NCS Finalist
2016	MCAL 2nd Team, 2nd in Goals - 15, 14th in Assists - 4, 4th in Points - 34 MCAL Regular Season & Playoff Champion, NCS Champion
2017	MCAL 1st Team, 3rd in Goals - 10, 5th in Assists - 7, 3rd in Points - 27 MCAL Regular Season & Playoff Champion, NCS Champion

No other player in the decade performed as consistently statistically in the decade than Sydney. She finished in the top ten for goals and points all four seasons, and in the top ten for assists three times, finishing 14th in the other year. All told she finished the decade 5th in goals with 36, 10th in assists with 20, and 5th in points with 92. Sydney's offensive production, especially in her junior and senior campaigns, was a driving force of Branson's back to back Treble winning sides. Perhaps underestimated due to her physical size, she played as big as any player on a field in the MCAL, scoring more goals with her head on corners than any other Branson player in her time. Sydney had great feet, vision, and a fantastic feel for where and when to arrive in the box. Her exploits in front of goal were essential to Branson's success, and no goal was bigger than her last minute freekick to tie the score and force overtime vs Marin Academy in the NCS Semi-Final, extending her senior season one last game where she got to lift the second of back to back NCS Championships.

ATTACKING MID - BELLA AMYX - Tamalpais - 2012-15

2012	
2013	MCAL 2nd Team, 5th in Goals - 11, 2nd in GWG - 5
2014	MCAL 1st Team, 2nd in Goals - 13, 2nd in Assists - 7, 2nd in Points - 33 MCAL Regular Season & Playoff Champion, NCS Champion
2015	MCAL Player of the Year, 1st in Goals - 21, 1st in Assists - 9, 1st in Points - 51 MCAL Regular Season & Playoff Champion, NCS Champion

Bella was as competitive as the come, driven to be the best. From the first day she stepped on for the Red-Tailed Hawk varsity squad she was a terror out on the pitch. Her unrelenting tenacious play, unyielding determination to get to goal, and composure in front of goal saw her post incredible numbers for three years, and saw her lift Tamalpais back to the top of the heap, winning back to back Trebles in her last two seasons. Bella averaged 15 goals a year over that three year span, more than one a game, never finishing out of the top five in points. Her 15 game-winning goals are more than any other player, and her three year total of 45 goals sits her second in the decade, with her 109 points sitting her third. No stage was too big for Bella, scoring at an alarming rate in the playoffs as well, including the double over-time winner at MC to make it back to back MCAL Playoff Championships. Bella's senior campaign was one of the best of the decade, seeing her lead the league in goals, assists, points, and game-winning goals, while also lifting the Player of the Year Award in addition to the three team titles for the second year running. Impossible to contain despite the best efforts of every team in the league, Bella's mix of power and technique, balance and explosiveness, intelligence and heart, made her perhaps the most dominant player of the decade.

STRIKER - STEPHANIE MARTINI - Marin Catholic - 2010-13

2010	
2011	MCAL 2nd Team, 3rd in Goals - 7, 5th in Assists - 5, 3rd in Points - 19 NCS Champion
2012	MCAL Player of the Year, 1st in Goals - 16, 4th in Assists - 7, 1st in Points - 39 MCAL Regular Season & Playoff Champion, NCS Finalist
2013	MCAL 1st Team, 2nd in Goals - 16, 8th in Assists - 5, 2nd in Points - 37 MCAL Regular Season & NCS Champion, MCAL Playoff Finalist

Martini was without a doubt one of the deadliest finishers of the decade. Her movement in the box, combined with her ability to finish such a high percentage of her chances, saw her finish the decade with the third most goals (41) and the fourth most points (98). It wasn't just the goals, but the magnitude of the goals that was so impressive, finishing in the top five for game-winning goals in each of her last three seasons. Her junior season was perhaps her best, leading the league in goals and points, as well as leading the Cats to the League and Playoff double, falling just short of an unbeaten Treble winning season in the NCS Final. Her consistency in her three full seasons on varsity were remarkable, finishing in the top three in goals, top eight for assists, top three in points, and top five for game-winning goals each season. After back to back 16-goal seasons for Martini, something no other player did this decade, no MC player has managed to score more than ten goals in a season since.

STRIKER - ALEXIS TYE - Terra Linda / Marin Catholic - 2011-14	
2011 - TL	MCAL 2nd Team
2012 - MC	MCAL 2nd Team, 2nd in Assists - 8, 7th in Points - 14 MCAL Regular Season & Playoff Champion, NCS Finalist
2013 - MC	MCAL 1st Team, 3rd in Goals - 14, 4th in Assists - 8, 3rd in Points - 36 MCAL Regular Season & NCS Champion, MCAL Playoff Finalist
2014 - MC	MCAL 1st Team, 15th in Goals - 4 MCAL Playoff and NCS Finalist
Alexis Tye's arrival at Marin Catholic gave the Wildcats arguably the best 1v1 attacker of the decade. Tye's strength, pace, technical skill, and the level of aggression she played with made her near impossible to defend. In her three years at MC the Cats played in every possible game, winning four titles and appearing in four other finals. Statistically her junior year was her best, finishing third in the league with 14 goals, fourth in assists with eight, and third in points with 36. Tye was always a player for the big occasion, and the playoffs always brought out the best in her. In her three years at MC, Alexis scored six playoff goals, but most impressive was her haul of 18 playoff assists. Despite all the attention of the best opponents, Alexis was a constant menace that was always a difference maker at the business end of the season.	

GOTTSCHALK REPORT - PLAYER OF THE DECADE

LEFT WING - CALLIE JONES - Branson - 2016-19

2016	10th in Assists - 5, MCAL Regular Season & Playoff Champion, NCS Champion
2017	MCAL 2nd Team, 9th in Goals - 7, 3rd in Assists - 10, 6th in Points - 24 MCAL Regular Season & Playoff Champion, NCS Champion
2018	MCAL 1st Team, 2nd in Goals - 13, 1st in Assists - 13, 2nd in Points - 39 MCAL Regular Season & NCS Champion, MCAL Playoff and NorCal DII Finalist
2019	MCAL 1st Team, 12th in Goals - 4, 5th in Assists - 6, 7th in Points - 14 MCAL Playoff Champion, NorCal DIII Champion

The wizard on the wing, Callie Jones tormented right backs for four years in the MCAL, on her way to leading the decade in assists with 34. Her incredibly quick feet could make you miss in the tightest of spaces, and within an instant she was in behind you and delivering a dangerous cross into the box. It wasn't just her talent with the ball that made her special, but also her willingness to do the defensive work, selflessly tracking back time and again. Callie played in all 58 MCAL games in her career, a testament to her top class fitness level and toughness. She finished in the top 10 for assists all four years, leading the league in her junior year with 13, the most in a single season this decade. Her 25 goals sit her 12th for the decade, and her 84 points have her sitting in 7th. Always a player for the big occasion, she scored the second half equalizer in the NCS Final her junior year to set the stage for Branson's third straight NCS title, scored both goals in this season's MCAL semi-final v Tamalpais, and scored perhaps the biggest goal of the decade, netting the winner in the NorCal DIII Title game, her final game as a Bull. All told, Callie has amassed 46 goals, 18 game-winners, and 59 assists for a career total of 151 points. Callie, along with teammate Allie Westley, finishes her career as the most decorated player of the decade with ten titles: three MCAL Regular Season titles, three MCAL Playoff Championships, three North Coast Section Championships, and a NorCal DIII Championship. Her talent, and how humble she stays despite all of her success are reflected in being twice awarded All-MCAL First Team recognition, in addition to being a second teamer in her sophomore campaign. For playing such an important part in Branson's four year run of titles, and for how consistently she played at such a high level, Callie Jones is the Gottschalk Report MCAL Player of the Decade.